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	Course Title/Activity							Social S Day		l l	kills Courses Time		Tuition		1:1 Support (\$60/hr) Y/N @hrs x \$60/hr =			
			KE											1:00	a mp July 1 - p.m.) PM = P = Full Day Cam	M Camp (1	:00p	<i>hrs x \$60/hr =</i> .m 4:00p.m.)
			Mon				Tueso	day			Vedne		y		Thursc	lay	F	riday Excellent Adv. (\$245)
. <u></u>	Example	AN	/ L PM F	D		A	m l pm fe)		A	m l pm fi)		A	M L PM FD			X
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e									No	Class	s/Camp - SU	MMER	BREA	K				
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2	ıst	29	AM L	PM	FD	30	AM L	PM	FD	31	AM L	PM	FD	1	AM L	PM FD	2	Science Museum
e	August	5	AM L	PM	FD	6	AM L	PM	FD	7	AM L	PM	FD	8	AM L F	PM FD	9	Carver County Fair
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nu		19	AM L	PM	FD	20	AM L	PM	FD	21	AM L	PM	FD	22	AM L	PM FD	23	Beach Day at Lake Minnetonka Regional
S	Totals		L AN PM F				L AM PM F				L AM PM F	_ D			L AM PM FD			FEA's
	Friday Excellent Adventures's (FEA) Adventure 10am - 4pm • FEAQty. x \$ 245 = \$ • 1:1 Support = \$60/hr x 6hrs x # of FridaysQty. = \$ FEA Total:								• L • PN • FD • 1:1	Day Camp Monday - Thursday 9am - 4pm • AMQty. x \$90 \$						ilable on non-Social Skills days) 7hrs x \$60= \$ hrs x \$60= \$ hrs x \$60= \$ \$ \$		

I/We, the parents/guardians of _______, hereby consent to his/her participation in West Metro Learning Connections, Inc. (WMLC) programming. I/We further agree to release and hold harmless WMLC and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by WMLC's policies as laid out in the client handbook and accept financial responsibility for the course(s)/activities for which I/We have registered.

Social Skills Therapy Course Offerings

Elementary

Summer elementary classes are dual lessons.

MOVING ON WITH FRIENDSHIP II & III

For those with basic competency of friendship skills in less structured settings, this course teaches problem-solving, empathy, perspectivetaking, dealing with bullies, non-verbal communication, hidden and unwritten rules of friendship, and more.

MOWFII&III Mon. & Tues. 9:30am - 11:30am \$2800

GETTING ALONG WITH FRIENDSHIP I & II

This course teaches children to frame relationships through thoughts and behaviors. Meeting, making and keeping new friends are at the core of this popular course.

GAWFI&II Mon. & Tues. 9:30am - 11:30am \$ 2800

MANAGING ANXIETY AND STRESS I & II

Participants expand their insight and ability to recognize and manage anxiety and stress through awareness of their personal signs and triggers. This course will explore a wide variety of cognitive and behavioral strategies, and relaxation tools that work to develop their confidence and ability to enter situations with assurance that they will prevail with healthy emotional and behavioral responses.

MAAS I & II Wed. & Thurs. 9:30am - 11:30am \$2800

CATCHING ON TO GETTING ALONG I & II

This is WMLC's flagship course that both parents and teachers laud as the catalyst for children's ongoing social success. Social understanding is the core of the class with concepts like introductions, play, offering help, compliments and apologies being taught and practiced weekly.

COTGA I & II Wed. & Thurs. 9:30am - 11:30am \$ 2800

SOCIAL UNDERSTANDING AND SELF-MANAGEMENT I & II

This course addresses areas of social cognition and skills, perspective taking, social appropriateness, and social boundaries. Participants will become very familiar with the idiom "Put Yourself in Someone Else's Shoes" and how to do so in a variety of situations. Participants will also use the 5-Point Scale to examine the social appropriateness of their behaviors.

SUSM I & II Wed. & Thurs. 9:30am - 11:30am \$2800

NOTABLE NEEDS I & II

Notable Needs helps participants recognize and value their own and others' needs so that they can interact, work and play successfully. Participants also develop empathy, self-advocacy, compromise and brainstorming skills for managing conflict with peers and adults.

NN I & II Wed. & Thurs. 9:30am - 11:30am \$2800

Tweens, Teens & Young Adults For all tweens, teens and young adult groups the activity fees are included in the cost of the tuition.

SOCIAL BOUNDARIES AND SELF-MANAGEMENT I

Adapted from Kari Dunn Buron's A 5 is Against the Law! book and including Michelle Garcia Winner's work, this dynamic course facilitates dramatic changes in social and behavioral success by providing a framework that guides social thinking, self-management, perspective taking, and vital unwritten social expectations and rules.

> YAG: SBSM I Monday 12:45pm - 4:45pm \$2450

SELF-ADVOCACY AND SELF-MANAGEMENT I

Using the 5-Point Scale to deö ne and analyze socially appropriate behavior, participants will learn about advocacy by honing listening skills and learning about conversation repair strategies, reputation and being assertive. Participants develop an understanding and motivation for demonstrating mature behaviors related to responsibility, self-management, and assertion to promote social success.

KCNC: SASM I	Monday	1:00pm - 4:00pm	\$ 1850
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TEENS TAME TECHNOLOGY I

Social media abounds and holds limitless possibilities for teens to develop on-line social relationships with peers, engage in on-line gaming activities, share talents and ideas, and practice their social skills from home. This course informs participants about practicing safety, social understanding and promotes expected behaviors on-line.

> TTTR: TTT I Tuesday 12:45pm-4:45pm \$ 2450

PEER RELATIONSHIPS II

This course focuses on the skills needed to make and keep friends. Participants will learn the friendshipmaking skills of introductions, compatibility, levels of friendship, demonstrating interest in others, and sharing social attention. Participants will increase their understanding of how to keep friends through learning skills such as participating in a group, repairing relationships, appropriate advice and disagreements, and apologies and so much more!

> KCNC: PR II Tuesday 1:00 pm - 4:00 pm \$1850

DEVELOPING RELATIONSHIPS THROUGH COMMUNICATION I

This course explores the reasons, components, and strategies for "Starting a Friendship" while developing social understanding and social thinking skills to enhance the effectiveness of the communication used to start and develop relationships. In addition, this group will learn and practice a variety of social and conversational responses, reasons and purposes for different types of conversation, communication strategies for getting to know others, and a system for determining conversational topics, language choices, and styles.

> TTTR: DRTC | Wednesday 12:45pm-4:45pm \$2450

STRAIGHTFORWARD STRATEGIES I

Designed for the young adult who has had some experience with life skills and wants to delve deeper into more mature topics. The focus of this course is to help motivate and empower students in day to day social decision making. Topics range from making a good impression, to bullying, to handling change, and to talking to the opposite sex and romantic relationships. This class will supply useful devices in social situations which will continue to guide and build straightforward strategies for the young adult.

KCNC: SFS Wednesday 1:00pm - 4:00pm \$1850

CRACKING CURRENT COMMUNICATION CODES II

This is a course designed around the concept of non-verbal language. Most estimations state that about 85% of our communication is done via everything but words. For those on the spectrum, learning body language, tone, volume, proximity, non-verbal cues, facial expressions and more are vital to social success.

> KCNC: CCCC II Wednesday 1:00pm - 4:00pm \$ 1850

SOCIAL BOUNDARIES AND SELF-MANAGEMENT II

Adapted from Kari Dunn Buron's A 5 is Against the Law! book and including Michelle Garcia Winner's work, this dynamic course facilitates dramatic changes in social and behavioral success by providing a framework that guides social thinking, self-management, perspective taking, and vital unwritten social expectations and rules.

> TTTR: SBSM II Thursday 12:45pm-4:45pm \$ 2450

FORMULAS FOR SOCIAL SUCCESS I

This course focuses on the core of social success-honoring others' perspectives. Both the skills and motivation necessary to do so are developed with a focus on making good impressions, establishing a positive reputation, thinking of others and recognizing what others think of them as well as respect for authority and self.

	KCNC: FFSS	Thursday	1:00pm - 4:00pm	\$ 1850
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MEET AND MINGLE

This group is designed for high school graduates up to the age of 30. It is completely driven by participant ideas and plans and requires a West Metro staff recommendation to join. This group offers a great opportunity for skill growth in a mature and collaborative environment.

Updated 3/7/2024

Meet & Mingle Thursday 4:30pm - 8:30pm \$ 1400